

2024 C.M.A.C. Swimming & Diving Championships

April 25-27, 2024

Mark Ruble Pool at the Bullard Aquatics Complex

Diving at Madera High School

For further information please email rickklatt@gmail.com or call (559) 448-7676

The meet will be conducted in accordance with NFHS and CIF regulations regarding championship meets. This meet will be observed in accordance with USA Swimming rules. *If athletes want to have their swims observed for USA swimming SWIMS database, please include their USA swimming ID number in your team database.* There will be 8 warm-up lanes available throughout swimming preliminaries and finals.

Schedule:

Swimming Preliminaries: **Thursday, April 25 @ 2:30 pm at Bullard High School**
Diving Finals: **Friday, April 26 @ 10:00 am at Madera High School**
Swimming Finals: **Saturday, April 27 @ 12:00 pm at Bullard High School**

Thursday, April 25

Swimming

1:00 p.m. to 1:30 p.m.

1:30 p.m. to 2:20 p.m.

Preliminaries General Warm-Up

Warm-up continues with coach supervised racing starts from blocks

Warm-Up Lane Assignments:

Bullard	1 and 2
Sanger	3 and 4
Madera	5 and 6
Edison	7 and 8
Justin Garza	9 and 10
SJM	11 and 12

Event Order for Preliminaries:

200 Freestyle, 200 IM, 50 Freestyle, **15 MIN BREAK**, 100 Butterfly, 100 Freestyle, 500 Freestyle, 100 Backstroke, 100 Breaststroke

Friday, April 26

Diving

Warmup for all divers 8:30 to 10:15 a.m.

All forms due by 9:30 a.m.

Competition for all divers will begin at 10:30 a.m.

All divers, girls and boys, will compete in a single session. The boys will dive each round, then the girls.

If you have any questions regarding the diving competition, please contact Coach Lisa Bennett at (559) 232-1477.

Saturday, April 27

Swimming Finals

10:30 to 11:00 a.m.	General Warm-Up (same lane assignments as preliminaries)
11:00 to 11:35 a.m.	Warm-up continues with coach supervised racing starts from blocks
11:35 to 11:45 a.m.	Coaches' Meeting
11:55 a.m.	Presentation of the Senior Class and National Anthem
12:00 Noon	Finals Begin

Event Order

Finals: 200 Medley Relay, 200 Freestyle, **10 MIN BREAK**, 200 IM, 50 Freestyle, **15 MIN BREAK**, 100 Butterfly, 100 Freestyle, 500 Freestyle, **10 MIN BREAK**, 200 Freestyle Relay, 100 Backstroke, 100 Breaststroke, **10 MIN BREAK**, 400 Freestyle Relay. Awards for the previous events will be handed out at each break. During this time, the pool will be open for warm-up.

CMAC Championships Entry Rules:

Each team is allowed to enter four (4) athletes in each individual event. Each team is allowed one (1) official relay in each relay event. There will be a non-scoring B-Heat for teams to enter a B team (or C team) if they wish. Scoring for individual events: 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. Scoring for relays 40-34-32-30-28-26 (only 6 possible scoring relays in each relay event).

All entries (Swimming and Diving) are due to the designated location by 12:00pm (noon) on the Monday preceding the meet (April 22, 2024). All entries must be electronically received prior to the above deadline. Please include a PDF file of your entries along with the event file. All entries will be sent to a third party who will enter them into HyTek Meet Manager. The host team's entries will be submitted a day early to avoid any conflict of interest. Please include athletes' year in school. Please email participant and entry information to Coach Kylie Wheelock-Barrios at kydwheelock@gmail.com by the deadline. If you have any questions regarding the dive portion of championships, please contact Coach Lisa Bennett at (559) 232-1477.

Miscellaneous:

- There is an 8-lane LED scoreboard for all competitors to see their results.
- There is a gate fee required for entrance per league rules (Adults: \$5.00 Students/Senior: \$3.00).
- There will be bathrooms and showers available on site.
- League Championship T-Shirts will be sold at all 3 sessions.
- There will be a full snack bar available for spectators and athletes.
- There will be hospitality for coaches and officials.

Timing Assignments for Swimming Preliminaries and Finals:

Bullard	Lane 1, two chairs (and all other meet operations)
Sanger	Lanes 2 and 3, two chairs each
Madera	Lanes 4 and 5, two chairs each
Edison	Lane 6, two chairs
Justin Garza	Lane 7, two chairs
SJM	Lane 8, two chairs